

# SAILWEEK



LAC ST. LOUIS, QUÉBEC

## NOTICE OF RACE



Organized jointly by  
Pointe-Claire Yacht Club, Beaconsfield Yacht Club, Royal St. Lawrence Yacht Club  
Lac St-Louis, Quebec

**July 31 to August 7, 2021**

### 1. RULES

- 1.1. The Sail Week series is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The event has been organized in accordance with Federal, Provincial and Local regulations relating to COVID-19.
- 1.3. All competitors are responsible for deciding whether to participate or not, and for compliance with all applicable rules, including all COVID regulations and guidelines.
- 1.4. All boats intending to race "White Sail" shall have a white flag affixed to their backstay.
- 1.5. If there is a conflict between languages the English text takes precedence
- 1.6. Racing Rules of Sailing; Basic Principles include Environmental Responsibilities. Participants and organizers are encouraged to minimize any adverse environmental impact of the sport of sailing. See Addendum 1 to find out more on how everyone can make meaningful changes at these events.

### 2. SAILING INSTRUCTIONS

- 2.1. The sailing instructions will be available at [www.gnsracing.com](http://www.gnsracing.com).
- 2.2. Changes to sailing instructions:
  - 2.2.1. For weekend races, changes will be posted in accordance to the respective club's Annual Regatta Sailing Instructions.
  - 2.2.2. For weekday racing, changes will be posted in accordance to the GNS Sailing Instructions.

### 3. COMMUNICATION

- 3.1. The online official notice board is located at [www.gnsracing.com](http://www.gnsracing.com).
- 3.2. From the first warning signal until the end of the race, except in an emergency or if abandoning her race, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

### 4. ELIGIBILITY AND ENTRY

- 4.1. The event is open to all boats of keelboat and centerboard classes.
- 4.2. All boats must have a SLVYRA handicap and must be registered in the GNS database.
- 4.3. Spinnaker or White Sail handicaps will be applied, determined by a boat's on-water prerace registry.
- 4.4. Entry in this event is limited to members of recognized clubs and organizations.
- 4.5. Divisions are defined as follows:

Division 1	White Sail - Keelboats having a white-sail T/T handicap of 0.98 or greater
Division 2	Spinnaker – Keelboats having a spinnaker T/T handicap
Division 3	White Sail - Keelboats having a white-sail T/T handicap of less than 0.98
Division 4	Centerboard boats

4.6. Boats may race in more than one division within this series (ex. Div 2 and 3).

## 5. CREW LIMITATION

5.1. Crew limitations will be determined by all regulations that Santé Québec and the FVQ (Fédération de Voile Québec) have in place at the time of the event.

## 6. SCHEDULE

6.1. Dates of racing

EVENT	RACE #	DATE	WARNING SIGNAL	HOST CLUB
BYC Annual Regatta	1,2,3	July 31st	11:00	BYC
GNS Series 3 - Race 2	4	August 3rd	18:40	PCYC
GNS Sailweek Wednesday	5	August 4th	18:40	PCYC
GNS Series 4 - Race 2	6	August 5th	18:40	BYC
PCYC Annual Regatta	7,8,9	August 7th	11:00	PCYC

## 7. SCORING

- 7.1. Each division will be scored separately.
- 7.2. Three (3) races are required to be completed to constitute this Sail Week series.
- 7.3. Boats racing in more than one division shall have each division scored as stated in sections 7.4, 7.5, 7.6, 7.7.
- 7.4. When fewer than five (5) races have been completed, a boat's Sail Week score is the total of her race scores.
- 7.5. When five (5) to eight (8) races have been completed, a boat's Sail Week score is the total of her race scores, excluding her worst score
- 7.6. When nine (9) races have been completed, a boat's Sail Week score is the total of her races, excluding her two worst scores.
- 7.7. A boat that came to the starting area but did not start, did not finish, retired after finishing or was disqualified will be scored points equal to one more than the number of boats that came to the starting area. A boat that did not come to the starting area will be scored points equal to two more than the number of boats that came to the starting area. This changes RRS A9.
- 7.8. Rule A5.3 applies.

## 8. RISK STATEMENT

8.1. The responsibility for a boat's decision to participate in a race or to continue to race is hers alone. By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

## 9. INSURANCE

9.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 CAD per incident or the equivalent.

*The success of Sail Week would not be possible without the support of the dedicated volunteers, both on and off the water, committed to running top quality sailing events while providing a fair and safe racing environment for the competing sailors.*



Here are a few Best Practices everyone can adopt in order to run and participate in a water-based event in the most sustainable way possible:

1. Organize and manage a paperless event, using online registration, providing NORs, SIs and other event documents solely electronically;
2. Create an online Official Notice Board;
3. Promote and arrive at your event using alternate transportation such as bicycling, public transportation or carpooling;
4. When washing your boat, eliminate the use of any harmful cleaning products. Use a “Water Only Washdown” or use nontoxic cleaning products;
5. Replace any two-stroke engines with more fuel-efficient four-stroke engines;
6. Limit or eliminate the printing of documents, favour digital copies over paper;
7. Use recycled or FSC-certified paper, ensuring all printouts are double-sided;
8. Use reusable bags to carry your event documents and items;
9. Use whiteboards, flat screen monitors or online sites to broadcast event information;
10. Ensure your site has clearly identified Trash, Recycling and Compost bins in place;
11. Educate staff and participants about what can be recycled versus composted or landfill;
12. Eliminate single-use plastic bottles at your event;
13. Bring your own reusable water bottle;
14. Install water refilling stations;
15. Eliminate single-use dinnerware such as plates, cutlery and cups. No Styrofoam, no plastic straws;
16. Sail your boat to the racing area rather than motoring;
17. Have Mark Boats shut their engine and anchor in place after marks have been set;
18. Consider anchoring spectator boats instead of motoring around the race course;
19. Limit the number of crashboats and favour using fuel-efficient rigid inflatable boats (RIBs) instead of fibreglass;
20. Do not dispose any trash in the water;
21. Return all trash ashore and dispose it in the appropriate bins;
22. Do not discharge any sewage in the water;
23. Have a Green Team and participants monitor the event site;
24. Promote your Clean Regatta on your regatta website, on social media and at the skippers meeting;
25. Identify the Green Team to your participants;
26. Extend these Best Practices to the Good Neighbour Series and all your Club’s events.